SOUTHERN NEW JERSEY PERINATAL COOPERATIVE

snjpc.org

December 6, 2012 **8:30 am - Noon** **FEE: $25**

Doubletree Guest Suites * 515 Fellowship Road * Mt Laurel, NJ 08054

UNEXPECTED BIRTH OUTCOMES

Maternal Triggers for Post Traumatic Stress Disorder

This skills building workshop is intended* for those with a basic knowledge of *Perinatal Mood Disorders

TARGET AUDIENCE

Nurses - Social Workers
Licensed Professional Counselors - Case Managers

REGISTRATION DEADLINE: November 30, 2012

CLICK HERE TO REGISTER

ABOUT THE SPEAKERS

Cheryl Tatano Beck, DNSc., CNM, FAAN
is a Board of Trustees Distinguished Professor at the University of Connecticut, School of Nursing, Storrs, CT. Dr. Beck is the co-author of *Postpartum Mood and Anxiety Disorders:A Clinician's Guide.* Dr. Beck is a recognized expert in the field of Perinatal Mood Disorders, both nationally and internationally. Along with her numerous publications, Dr. Beck's extensive qualitative research has increased the knowledge base of healthcare providers around the world.

Lori Gabriel Gunther, MS
is the Manager of NICU Family Support Site Development at the national office of March of Dimes in White Plains, NY. Ms. Gunther has extensive experience in working with NICU families in crisis. She presents nationally on topics related to supporting NICU families. Ms. Gunther holds a Master's degree in Community Counseling and is a Womens' Health expert in counseling and educating victims of abuse, violence and crime.

ACCREDITATION

Nurses: Participants who complete the program will be awarded **2.75 contact hours** by Southern New Jersey Perinatal Cooperative (SNJPC).
The Southern New Jersey Perinatal Cooperative

is an Approved Provider of Continuing Nursing Education by NJSNA, an Accredited Approver by The American Nurses Credentialing Center's

GOALS & OBJECTIVES

- Identify the essential components of a traumatic childbirth
- Identify the prevalence of birth trauma and PTSD due to childbirth
- Describe the experience of PTSD due to childbirth
- Review definitions of preterm,late preterm, premature and short-stay families in the NICU

COA. NJSNA Approval Number P106-6/2009-2012.

Social Workers: Approval is pending from the National Association of Social Workers (NASW) for **2.5 continuing education credits.**

- Discuss the common experiences and perceptions of the NICU by short-stay families
- Describe at least two ways to specifically support late preterm and/or short-stay families

GREEN INITIATIVE

Workshop handouts will be posted online one week prior to offering for viewing or download. Registrants will be sent the link by email.

DISCLOSURES: The faculty and planners have no vested interest in the content of this continuing nursing education activity to disclose. No commercial support or non-commercial sponsorship was provided for this continuing nursing education activity.There will be no non-FDA approved medications or devices discuss.

Sponsored by the Southern New Jersey Perinatal Cooperative
with funding by grants from the March of Dimes and New Jersey Department of Health

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