### *Under the auspices of the International Marcé Society*

In collaboration with the French Speaking Marcé Society, WAIMH-F and A.R.I.P. International Workshops in Clinical Skills for Perinatal Psychiatry La Teppe Medical Centre, France



# **Clinical Challenges in Treating Mood Disorders** in Perinatal Psychiatry

### Trainer:

### Pr Katherine L. Wisner, MD, MS

Asher Professor of Psychiatry / Obstetrics and Gynecology Asher Center for Research and Treatment of Depressive Disorders Department of Psychiatry and Behavioral Sciences Northwestern University Feinberg School of Medicine Chicago, IL USA

Dates: **18 - 19 - 20 September 2013** from 9am to 5pm. Location: Audiovisual Room, La Teppe, 26602 Tain l'Hermitage, France

Enrollment by e-mail Limited number of places Cost of Training kept to a minimum: 50 euros which includes 2 lunches Location: South of France Airport: Lyon. Easy acces by fast train (TGV) from Paris

### Training conducted entirely in English, without interpretation

For enrollment or further information contact (preferably by e-mail):

> Dr Oguz OMAY Psychiatrist

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## La Teppe Medical Centre

Workshops in Clinical Skills for Perinatal Psychiatry

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#### Presentation:

Perinatal mental health is a major treatment challenge. At stake is not only the timely diagnosis and adequate treatment of a large spectrum of disorders but also their prevention. If an episode were to occur in spite of prevention strategies, the desired outcome is complete remission without permanent emotional scars for the mothers, babies, couples and families involved.

This 3-day workshop will propose up-to-date research data and their implications for best practice on screening of perinatal mood disorders, prevention, diagnosis - with particular attention to unipolar / bipolar disorders and secondary diagnoses.

Through clinical case presentations for management, major topics will be discussed in detail: risk/benefit decision making ("What do women prefer?"); psychotherapy vs pharmacotherapy; optimal medication during pregnancy and lactation; response vs remission; "What if the women do not respond? What next?"; novel interventions such as light therapy and transdermal estradiol.

One of the most acclaimed experts on the subject worldwide, principal investigator on several National Institute of Mental Health and foundation-funded research projects, Dr. Wisner will articulate her extensive research experience related to the psychiatric treatment of women of childbearing age with the clinical challenges of care professionals in everyday practice.

### Pr Katherine L. Wisner, MD

After having worked as a Professor of Psychiatry, Obstetrics/Gynecology and Reproductive Sciences, Epidemiology and Women's Studies at the University of Pittsburgh School of Medicine, Pr. Katherine L. Wisner is now the Asher Professor of Psychiatry and Obstetrics and Gynecology and Director of the Asher Center for Research and Treatment of Depressive Disorders at Northwestern University in Chicago, IL USA.

Dr Wisner has over 170 peer-reviewed publications. She was the president of the International Marcé Society from 2008 to 2010 and she received the Marcé medal in 2012. She is an active member of many scientific societies, which include the Organization of Teratology Information Specialists, North American Society for Psychosocial Obstetrics and Gynecology, and the American College of Neuropsychopharmacology. A distinguished fellow of the American Psychiatric Association, she was a consultant for the U.S. Centers for Disease Control and Prevention (Safe Motherhood Initiative), the Agency for Healthcare Research and Quality (report on Perinatal Depression), and the Food and Drug Administration (pediatric subcommittee on the effects of maternal SSRI use on newborns). She received the Women in Science Award from the American Medical Women's Association in 2011.