

*Under the auspices of the International Marcé Society  
In collaboration with the French Speaking Marcé Society, WAIMH-F and A.R.I.P.  
International Workshops in Clinical Skills for Perinatal Psychiatry  
La Teppe Medical Centre, France*

La **Teppe**

*Postpartum Support International's*

**Perinatal Mood Disorders : Components of Care**

Faculty :

**Birdie Gunyon Meyer, RN, MA (Indiana, USA)**  
**Wendy Davis, PhD (Oregon, USA)**  
**Oguz Omay, MD (France)**

Dates: **23-24 September 2013** from 9am to 5pm.

Location: Audiovisual Room, La Teppe, 26602 Tain l'Hermitage, France

Enrollment by e-mail

Limited number of places

Cost of Training kept to a minimum : 100 euros which includes 2 lunches and the training manual

Location : South of France

Airport : Lyon. Easy acces by fast train (TGV) from Paris

**Training conducted entirely in English, without interpretation**

For enrollment or further information  
contact (preferably by e-mail):

**Dr Oguz Omay**

**Psychiatrist**

Perinatal Psychiatry Consultation

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# *Postpartum Support International's* **Perinatal Mood Disorders : Components of Care**

Trainers:

**Birdie Gunyon Meyer, RN, MA**  
**Wendy Davis, PhD**  
**Oguz Omay, MD**

## ***Presentation:***

Postpartum Support International (PSI) is the world's largest non-profit organization dedicated to helping those suffering from perinatal mood and anxiety disorders. It brings together women and their families, professionals, volunteers, researchers, legislators, and educators. Through membership, public awareness, and best practice trainings, PSI is committed to providing compassionate and responsive care to all childbearing families.

This 2-day PSI Course, taught by experienced and engaging faculty, is a thorough and evidence-based curriculum designed for psychiatrists, nurses, primary care physicians, social workers, mental health providers, childbirth professionals, social support providers, or anyone interested in learning skills and knowledge for assessment and treatment of perinatal mood and anxiety disorders. It is organized for the first time in Europe and La Teppe is proud to host it.

## **Birdie Meyer, RN, MA**

Birdie Meyer is a Registered Nurse with a Master's Degree in Psychology/Counseling. She is the Coordinator of the Perinatal Mood Disorders Program at Indiana University Health in Indianapolis, Indiana. She is a Past-President of Postpartum Support International and currently is the Chairperson of Education and Training.

Birdie specializes in the recognition and treatment of pregnancy and postpartum mood and anxiety disorders. She is a childbirth educator and a lactation counselor. She has been speaking to audiences for over 25 years and is a Certified International Trainer for PSI's 2-day "Perinatal Mood Disorders-Components of Care".

In 2007, Birdie received the Jane Honikman award which is given annually by the founder of PSI. In 2008, she was given the Award of Excellence in Advocacy from The Association of Women's Health, Obstetric, and Neonatal Nurses (AWHONN).

## **Wendy Davis, PhD**

Wendy Davis, PhD, has a counseling and consulting practice specializing in depression, anxiety, communication and relationships. Her focus is on pregnancy, birth, postpartum mental health and recovery. She is the Executive Director for Postpartum Support International (PSI), where she coordinates PSI services, programs, and 200 U.S. and International PSI Support Volunteers.

Wendy was the Founding Director of Oregon's mom-to-mom support organization: "Baby Blues Connection" and now serves as their clinical advisor and volunteer trainer. She was the Chair of Oregon's Maternal Mental Health Workgroup, convened by legislation in 2009, and chaired the committee that wrote the state's 2011 Maternal Mental Health / Patient and Provider Education Act. She provides professional training and consultation in governmental, clinical, and community settings, and enjoys working with diverse communities to develop sustainable perinatal mental health support and treatment networks. She is also a certified trainer for PSI's 2-day "Perinatal Mood Disorders, Components of Care."