



## Postpartum Psychosis Resources: Books and Other Creative Efforts

- Twomey, Teresa M., JD. Understanding Postpartum Psychosis: A Temporary Madness. Praeger Publishers, 2009.
- Sichel, Deborah and Driscoll, Jeanne Watson: Women's Moods: What Every Woman Must Know About Hormones, the Brain, and Emotional Health. William Morrow, 1999.
- Moyer, Jennifer Hentz, A Mother's Climb Out of Darkness, Praeclarus Press, LLC. 2014
- Gerdes, Sharon. Back In Six Weeks – A Novel, SKG Press, 2014.
- Melissa Bangs. Playing Monopoly with God & Other True Stories, a nonfiction storytelling performance [www.playingmonopolywithgod.com](http://www.playingmonopolywithgod.com) (Website to be launched summer 2015 with trailer for the film.)

Resources listed are for survivors but are no means the ONLY sources that include PPP. Focus in on situations with happy endings. However, the next two are about situations with tragic results.

- Beth: A Story of Postpartum Psychosis. By Shirley Cervene Halvorson. Feb. 4, 2004. (About her daughter who committed suicide – but very relevant for FAMILY member experience.)
- Melanie's Battle – website dedicated to postpartum depression and psychosis <http://www.melaniesbattle.org/> This was made by Melanie's mom, Carol Blocker, PSI President's Advisory Council member and long-time mental health and legislative advocat