Bridging, Bonding, and Beyond:
Clinical Expertise and Community Outreach in Perinatal Mental Health

Postpartum Support International
Main Conference June 24-25, 2015
Hilton San Diego Mission Valley | San Diego California

FRIDAY, June 24 2016

AGENDA	1	2	3	4	5	6	7
7:15-7:45	*Morning Mindfulness with Robin Muskal*						
WELCOME 8:00-8:15	MORNING WELCOME						
KEYNOTE 1 8:15- 9:15	Vivien Burt, MD Depression in Pregnancy: Making Sense of Conflicting Literature about Risks of Treatment with Antidepressants						
	Cortez Ballroom	Normal Heights	Kensington 1	Kensington 2	North Park	South Park	University Heights
Breakout I FRIDAY 9:30-10:30am 60 Min.	Crystal Clancy, MA, LMFT and Lisa Cross, MA, LMFT **A Skills-Based Approach to Helping Couples Navigate Their Postpartum Journey**	Pam Barnes-Palty, M.Ed., M.A. **Working with Native American Women with Postpartum Depression**	Amanda Tinkelman, M.D. **Bipolar Disorder and Postpartum Psychosis**	Meggan Hartman, PhD **Culture, Shame, and Motherhood Identity**	Sage Saxton, Psy.D. and Pec Indman, EdD, MFT **Bridging the Gap: National Interdisciplinary Recommendations for Psychosocial Support of NICU Parents**	Amy-Rose White MSW, LCSW and Elizabeth Smith, MPH, ICCE, IBCLE, RLC **The Breast is Best Paradigm & Maternal Mental Health: Best Practices in Psychotherapy and Lactation**	Shoshana Bennett, PhD and Jane Honikman, MS **Postpartum Action Institute Workshop 1**

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Breakout II FRIDAY 10:45-11:45 60 Min.	Angela Burling R.N., M.S.N. and Chris Raines, R.N., M.S.N., APRN-BC **Avoiding Crisis and the Loss of Life by Recognizing and Treating Postpartum Psychosis**	Dvora Entin, LCSW **Maternal Mental Health Care and the Orthodox Jewish Family: Cultural Insights**	Daniel B. Singley, Ph.D., ABPP **Fathers' Perinatal Mental Health: Yes, It Exists and What You Should Do About It**	Sherry J. Duson, Kim Jones, M.A. LMFT M.A. LPC-S, LMFT-S; **Increasing Access to Care Using a Private Practice Training Model**	Nyssa Adackapara, MD; Michael Regalado; MD Erica Shoemaker, MD, MPH; Gabrielle Kaufman, MA,LPCC,BC-DMT,NCC **The New Family Care Clinic: Integration in Every Direction**	Malina Spirito, Psy.D., M.Ed. and Megan O'Hara, MSW, LCSW **A Hybrid Integrated Care Model: A Novel Approach to Maternal Mental Health**	Adrienne Griffen; Tonya Fulwider; Crystal Clancy **Roundtable Discussion for Nonprofit Leadership – Part I**
LUNCH FRIDAY 12:00-1:00	**LUNCH** **THE BLUE DOT SYMBOL for Maternal Mental Health**						
KEYNOTE 2 FRIDAY 1:15-2:15	**Sherry Payne, MSN, RN, CNE, IBCLC** **Maternal Mental Health and Cultural Competency**						

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Breakout III FRIDAY 2:30 - 3:45 75 Min.	Amber Rukaj, M.A., LMFT, PP Doula; Chelsea Haakmeester, M.A., IMF **Integrative Systems Model For Infertility: Patient benefits and provider considerations for PMADs prevention**	Joy Burkhard, MBA and Bruce Spurlock, MD: **California Maternal Mental Health Commission--Findings and Recommendations**	Kimberly McCue, M.A. Lita Simanis, MSW, LCSW Melissa Gonski, MA, LCPC **Amita: Developing A Perinatal Behavioral Health Intensive Outpatient Program**	Diana Griffis, MS, LMFT **Mamás y Bebés Program-Replication of a Perinatal Preventive Intervention of Postpartum Depression for the Latina Population - Adapting and Supporting the use of the Promotora Model**	Gabrielle Kaufman, MA,LPCC, BC-DMT,NCC; Caron Post, PhD; Patrisha Taylor, MFT, PhD (candidate) **Keeping Mothers and Babies Safe: Building Relationships with CPS**	Wendy Davis, PhD; Marisela Rosales, LCSW; Dalia Kenig, MA, MFT **Perinatal Mental Health Warmlines: Training Volunteers, Sustaining Services, and Dealing with Emergencies**	Angela Burling R.N., M.S.N. and Sharon Gerdes, B.S., C.F.S. **Postpartum Psychosis Survivors – Making a Difference (Second Annual Postpartum Psychosis Survivors Support Group)**

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Breakout IV FRIDAY 4:00 - 5:30pm 90 Min.	Laurie Chameides, LCSW; Joanna Cole, PhD **A Model for Perinatal Palliative Care: Helping Mothers and Families Say Goodbye at Birth**	Allison Murphy, MFT; Emma Goforth, MPH; Lisa Jansen Thompson, MA; LPC Lauren Jassil, MSW, LCSW **The Mothers Care Model and Collaboration for Community Change in Perinatal Mental Health**	Kimberly McCue, M.A. Lita Simanis, MSW, LCSW; Patrick McGrath, Ph.D. **Treatment of Perinatal Anxiety in IOP/PHP Setting**	Suzannah Neufeld, MFT RYT **Yoga and Mindfulness for Mama's Mood: Healing Tools for PMAD**	Jane Hesser, MFA, MSW, LICSW; Arianna Taboada, MSW, MSPH **Postpartum Eco-map. The Spaces In Between: Facilitating Wellness in Perinatal Transitions**	Birdie Gunyon Meyer, RN, MA and Annette Cycon, LICSW **Managing Difficult Situations in Support Groups**	
FRIDAY 5:45 - 6:45pm	**POSTER SESSION & RECEPTION**						
FRIDAY 7–10pm	**PSI BANQUET and fundraiser KEYNOTE: Celebrity Chef and mom, Aarti Sequeira**						

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SATURDAY, June 25 2016

AGENDA	1	2	3	4	5	6	7
7:15-7:45am	*Morning Mindfulness with Robin Muskal*						
WELCOME 8:00-8:15	**MORNING WELCOME**						
KEYNOTE 3 8:15- 9:15	**Vincent Felitti, MD: Adverse Childhood Experiences and Mental Health**						
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Breakout V SATURDAY 9:30-10:30 60 Min.	Christina G. Hibbert, Psy.D **Perinatal Self-Esteem, Identity, & Sense-of-Self: A New Approach to Healing**	Lisa Dryan, LCSW ; Gregory E. Burchett, and panel **Building and Financing Grassroots Coalitions through Relationships**	Diana Lynn Barnes, PhD **Trauma Informed Understanding of Postpartum Psychosis**	Helen W Jones RN, APN, C., PhD **Pharmacogenetics and Personalized Medicine – A Game Changer**	Marybeth McManus, BSN, MPA, RN-BC **Zucker Hillside: Opening an Inpatient Perinatal Psychiatry Unit; Lessons Learned**	Venus Mahmoodi, M.S. **Perinatal Cultural and Religious Practices of U.S. Muslim Women**	Shoshana Bennett, PhD and Jane Honikman, MS **Postpartum Action Institute Workshop 2**
Breakout VI SATURDAY 10:45-11:45 60 Min.	Jane Hesser, MFA, MSW, LICSW **Embracing Complexity: Traumatic Birth Impact on Maternal Mental Health and Infant Bonding**	Adrienne Griffen; Tonya Fulwider; Crystal Clancy **Roundtable Discussion for Nonprofit Leadership – Part 2**	Ruth P. Newton, Ph.D. and Khawla Suleiman-Qafiti, M.D., MAS, FAAP **Maternal postpartum depression screening, assessment and treatment: a pilot program**	Andrea Schneider, MSW, LCSW **Healing with the Expressive Arts: Interventions for Moms with PMADs**	Shannon L. Clark, MD; Elizabeth A. DeFazio RN, MS; Nuria S. García-Ruiz, MD **Integrating group medication management into obstetrical care: A multidisciplinary treatment model for PMAD's**	Alison Reminick, MD; Theresa Nguyen, PMHNP; Amber Rukaj, MFT **Postpartum Depression in the Military**	Yuko M. Leong RN, PHN, MS, PHCNS-BC **Life Course Theory(LCT): Journey with Families in Transition (Japanese-American)**

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LUNCH SATURDAY 12:00-1:00	**LUNCH: Awards and Announcements** **Jamie Zahlaway Belsito: Legislation – Call to Action**
KEYNOTE 4 SATURDAY 1:15-2:15	**FATHERS PANEL: David Levine, MD and Daniel Singley, PhD**

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Breakout VII SATURDAY 2:30-4:00 90 Min.	Anna Breuer, Psy.D and Tracy E. Moran, Ph.D **Keeping the Baby in Mind When Depression and Anxiety Transpire (Fussy Baby Network)** & Jennifer Silverstein, LCSW, IFMHS **Infant Neurodevelopment Development and Primary Relationships: Mitigating the PMAD Impact**	Jenn Paul, MA, MFT; Kim Flowers, IF-ECMH RPF-II; Rachael Stracka, LCSW, BCD **Community Resiliency Model®(CRM) Self – Care skills for those in the Helping & Healing Profession; A Mindful Response to PMADs**	Gaby Donnell, LCSW; Joann M. O'Leary, PhD, MPH, MS: **Pre-term and Infant Death: Clinical Interventions for Grief and Trauma. Pregnant After Perinatal Loss: Differentiating Grief from Depression**	Linda Shanti McCabe, PsyD **If I lose the baby weight, will I re-find myself?** & Lindsay Stenovec, MS, RDN, CEDRD, CLEC **Eating Disorders During Pregnancy and Postpartum - Risk Factors, Symptoms and Treatment**	Annette Cycon, LICSW; Heidi Koss, MA **Utilizing Trauma-informed Skills in Perinatal Support Groups**	Tina Walch, MD; Amanda Tinkelman, MD; Pauline Walfisch, LCSW; Lisa Testa, PhD **This is Not Your Mothers' PMAD: Complex Cases and Clinical Pearls**	
CLOSING SATURDAY	**4:15- 5:00: Conference Closing Session ~ Evaluations and Discussion**						

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