**FRIDAY, June 24 2016**

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<tr>
<th>AGENDA</th>
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<tr>
<td><strong>7:15-7:45</strong></td>
<td><strong>Morning Mindfulness with Robin Muskal</strong></td>
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<td><strong>WELCOME</strong></td>
<td><strong>8:00-8:15</strong></td>
<td><strong>MORNING WELCOME</strong></td>
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<td><strong>KEYNOTE 1</strong></td>
<td><strong>8:15-9:15</strong></td>
<td><strong>Vivien Burt, MD</strong>&lt;br&gt;Depression in Pregnancy:&lt;br&gt;Making Sense of Conflicting Literature about Risks of Treatment with Antidepressants</td>
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**Diversity**<br>Pam Barnes-Palty, M.Ed., M.A.<br>Working with Native American Women with Postpartum Depression


**Psychotherapy**<br>Crystal Clancy, MA, LMFT and Lisa Cross, MA, LMFT<br>A Skills-Based Approach to Helping Couples Navigate Their Postpartum Journey

**Trauma & Recovery**<br>Meggan Hartman, PhD<br>Culture, Shame, and Motherhood Identity

**Communities**<br>Amy-Rose White MSW, LCSW and Elizabeth Smith, MPH, ICCE, IBCLC, RLC<br>The Breast is Best Paradigm & Maternal Mental Health: Best Practices in Psychotherapy and Lactation

**Psychiatry &<br>Medicine**<br>Amanda Tinkelman, M.D.<br>Bipolar Disorder and Postpartum Psychosis

**Special Workshops**<br>Shoshana Bennett, PhD and Jane Honikman, MS<br>Postpartum Action Institute Workshop 1

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**Wednesday Night:** Return to Zero -- Hanish and Margulies -- [http://www.returntozerohealingcenter.com/return-to-zero-film](http://www.returntozerohealingcenter.com/return-to-zero-film)

**Saturday Night:** Melissa Bang: Playing Monopoly with God & Other True Stories (performance and discussion) -- [http://www.playingmonopolywithgod.com/](http://www.playingmonopolywithgod.com/)
### Diversity
- **Dvora Entin, LCSW**  
  Maternal Mental Health Care and the Orthodox Jewish Family: Cultural Insights

### Integrated Systems
- Malina Spirito, Psy.D., M.Ed. and Megan O’Hara, MSW, LCSW  
  A Hybrid Integrated Care Model: A Novel Approach to Maternal Mental Health

### Psychotherapy
- Sherry J. Duson, M.A.  
  LPC-S, LMFT-S; Tricia Miller, M.A.  
  LPC-Intern; Kim Jones, M.A.  
  LMFT  
  Increasing Access to Care Using a Private Practice Training Model

### Trauma & Recovery
- Angela Burling R.N., M.S.N. and Chris Raines, R.N., M.S.N., APRN-BC  
  Avoiding Crisis and the Loss of Life by Recognizing and Treating Postpartum Psychosis

### Communities
- Daniel B. Singley, Ph.D., ABPP  
  Fathers’ Perinatal Mental Health: Yes, It Exists and What You Should Do About It

### Psychiatry & Medicine
- Emily C. Dossett, MD, MTS; Michael Regalado; MD Erica Shoemaker, MD, MPH; Gabrielle Kaufman, MA,LPCC,BC-DMT,NCC  
  The New Family Care Clinic: Integration in Every Direction

### Special Workshops
- Adrienne Griffen; Tonya Fulwider; Crystal Clancy  
  Roundtable Discussion for Nonprofit Leadership – Part I

### LUNCH FRIDAY 12:00-1:00
- Networking by Region  
  THE BLUE DOT SYMBOL for Maternal Mental Health

### KEYNOTE 2 FRIDAY 1:15-2:15
- Sherry Payne, MSN, RN, CNE, IBCLC  
  Maternal Mental Health and Cultural Competency  
  African American Women and Maternal Mental Health

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**Saturday Night**: Melissa Bang: Playing Monopoly with God & Other True Stories (performance and discussion) [http://www.playingmonopolywithgod.com/](http://www.playingmonopolywithgod.com/)
<table>
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<th>Breakout III</th>
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<tr>
<td><strong>FRIDAY</strong></td>
<td><strong>2:30 - 3:45</strong></td>
<td>Diana Griffis, MS, LMFT</td>
<td>Joy Burkhard, MBA and Bruce Spurlock, MD: California Maternal Mental Health Commission--Replication of a Perinatal Preventive Intervention of Postpartum Depression for the Latina Population - Adapting and Supporting the use of the Promotora Model</td>
<td>Gabrielle Kaufman, MA, LPCC, BC-DMT, NCC; Caron Post, PhD; Patricia Taylor, MFT, PhD (candidate)</td>
<td>Keeping Mothers and Babies Safe: Building Relationships with CPS</td>
<td>Wendy Davis, PhD; Marisela Rosales, LCSW; Dalia Kenig, MA, MFT Perinatal Mental Health Warmlines: Training Volunteers, Sustaining Services, and Dealing with Emergencies</td>
<td>Kimberly McCue, M.A, Lita Simanis, MSW, LCSW Melissa Gonski, MA, LCPC Amita: Developing A Perinatal Behavioral Health Intensive Outpatient Program</td>
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<td>75 Min.</td>
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<td>Joy Burkhard, MBA and Bruce Spurlock, MD: California Maternal Mental Health Commission--Replication of a Perinatal Preventive Intervention of Postpartum Depression for the Latina Population - Adapting and Supporting the use of the Promotora Model</td>
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<td>Kimberly McCue, M.A, Lita Simanis, MSW, LCSW Melissa Gonski, MA, LCPC Amita: Developing A Perinatal Behavioral Health Intensive Outpatient Program</td>
<td>Angela Burling R.N., M.S.N. and Sharon Gerdes, B.S., C.F.S. Postpartum Psychosis Survivors – Making a Difference (Second Annual Postpartum Psychosis Survivors Support Group)</td>
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### Breakout IV
**FRIDAY**
**4:00 - 5:30pm**
**90 Min.**

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<tr>
<td>Allison Murphy, MFT</td>
<td><strong>The Mothers Care Model. Bridging the Gap: Physicians and Clinicians Creating Proactive Care &amp; Collaboration for Community Change in Perinatal Mental Health</strong></td>
<td>Jane Hesser, MFA, MSW, LICSW</td>
<td>Laurie Chameides, LCSW</td>
<td>Birdie Gunyon Meyer, RN, MA and Annette Cycon, LICSW</td>
<td>Kimberly McCue, M.A. Lita Simanis, MSW, LCSW Melissa Gonski, MA, LCPC Cecelia Horan Psy.D. Xiaohong Yu, MD., MS, Patrick McGrath, Ph.D.</td>
<td>Suzannah Neufeld, MFT RYT Yoga and Mindfulness for Mama’s Mood: Healing Tools for PMAD</td>
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<td>Emma Goforth, MPH; Lisa Jansen Thompson, MA; LPC Lauren Jassil, MSW, LCSW</td>
<td><strong>The Spaces In Between: Facilitating Wellness in Perinatal Transitions (IPT)</strong> &amp; <strong>Postpartum Eco-map: A Tool for Identifying and Strengthening Support Networks in Pregnancy and postpartum</strong></td>
<td><strong>Grief Work Following Termination For Anomalies</strong> &amp; <strong>A Model for Perinatal Palliative Care: Helping Mothers and Families Say “Goodbye” at Birth</strong></td>
<td><strong>Managing Difficult Situations in Support Groups</strong></td>
<td><strong>Treatment of Perinatal Anxiety in IOP/PHP Setting</strong></td>
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#### FRIDAY
**5:45 - 6:45pm**
**POSTER SESSION & RECEPTION**

#### FRIDAY
**7–10pm**
**PSI BANQUET and fundraiser**
**KEYNOTE: Celebrity Chef and mom, Aarti Sequeira**

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*Saturday Night:* Melissa Bangs: Playing Monopoly with God & Other True Stories (performance and discussion) [http://www.playingmonopolywithgod.com/](http://www.playingmonopolywithgod.com/)
### SATURDAY, June 25 2016

#### AGENDA

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<td><strong>KEYNOTE 3</strong></td>
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<td>9:30-10:30</td>
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<td>60 Min.</td>
<td>Venus Mahmoodi, M.S., and Janice Habart, PhD</td>
<td>Marybeth McManus, BSN, MPA, RN-BC; Deborah Ruschmann, MS, RN, PMHCNS-BC; Zucker Hillside: Opening an Inpatient Perinatal Psychiatry Unit; Lessons Learned</td>
<td>Christina G. Hibbert, Psy.D</td>
<td>Diana Lynn Barnes, PhD and Liz Friedman, MFAA</td>
<td>Lisa Dryan, LCSW and panel</td>
<td>Helen W Jones RN, APN, C., PhD</td>
<td>Shoshana Bennett, PhD and Jane Honikman, MS Postpartum Action Institute Workshop 2</td>
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<td><strong>Breakout V</strong></td>
<td>Saturday 9:30-10:30</td>
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<td>10:45-11:45</td>
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<tr>
<td>60 Min.</td>
<td>Yuko M. Leong RN, PHN, MS, PHCNS-BC</td>
<td>Life Course Theory(LCT): Journey with Families in Transition (Japanese-American)</td>
<td>Andrea Schneider, MSW, LCSW</td>
<td>Jane Hesser, MFA, MSW, LICSW</td>
<td>Alison Reminick, MD; Theresa Nguyen, PMHNP; Amber Rukaj, MFT</td>
<td>Shannon L. Clark, MD; Elizabeth A. DeFazio RN, MS; Nuria S. García-Ruiz, MD</td>
<td>Adrienne Griffen; Tonya Fulwider; Crystal Clancy Roundtable Discussion for Nonprofit Leadership – Part 2</td>
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**Saturday Night:** Melissa Bangs: Playing Monopoly with God & Other True Stories (performance and discussion) [http://www.playingmonopolywithgod.com/](http://www.playingmonopolywithgod.com/)
### LUNCH SATURDAY 12:00-1:00

**LUNCH: Awards and Announcements**  
Jamie Zahlaway Belsito: Legislation – Call to Action

### KEYNOTE 4 SATURDAY 1:15-2:15

**FATHERS PANEL:** David Levine, MD and Daniel Singley, PhD

### Breakout VII SATURDAY 2:30-4:00 90 Min.

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| Linda Shanti McCabe, PsyD  
If I lose the baby weight, will I re-find myself?  
& Lindsay Stenovec, MS, RDN, CEDRD, CLEC  
Eating Disorders During Pregnancy and Postpartum - Risk Factors, Symptoms and Treatment | Anna Breuer, Psy.D and Tracy E. Moran, Ph.D  
Keeping the Baby in Mind When Depression and Anxiety Transpire (Fussy Baby Network)  
& Jennifer Silverstein, LCSW, IFMHS  
Infant Neurodevelopment Development and Primary Relationships: Mitigating the PMAD Impact | Gaby Donnell, LCSW: Pre-term and Infant Death: Clinical Interventions for Grief and Trauma  
& Joann M. O’Leary, PhD, MPH, MS: Pregnant After Perinatal Loss: Differentiating Grief from Depression | Annette Cycon, LCSW; Liz Friedman, MFA; Heidi Koss, MA  
Utilizing Trauma-informed Skills in Perinatal Support Groups | Jenn Paul, MA, MFT  
Community Resiliency Model®(CRM) Self – Care skills for those in the Helping & Healing Profession  
& Kim Flowers, IF-ECMH RPF-IL, Rachael Stracka, LCSW, BCD  
Taking Care of You, the Professional: A Mindful Response to PMADs | Tina Walch, MD; Amanda Tinkelman, MD; Pauline Walfisch, LCSW; Lisa Testa, PhD  
This is Not Your Mothers’ PMAD: Complex Cases and Clinical Pearls |

### CLOSING SATURDAY 4:15- 5:00: Conference Closing Session ~ Evaluations and Discussion

**Special Saturday evening performance:** PLAYING MONOOPOLY WITH GOD AND OTHER TRUE STORIES, written and performed by Melissa Bangs.  

**Wednesday Night:** Return to Zero -- Hanish and Margulies -- [http://www.returntozerohealingcenter.com/return-to-zero-film](http://www.returntozerohealingcenter.com/return-to-zero-film)  
**Saturday Night:** Melissa Bangs: Playing Monopoly with God & Other True Stories (performance and discussion)  