



Are you pregnant?

Have a new baby?



NEW GROUP FOR PREGNANT WOMEN & NEW MOMS

Our group is for pregnant women and new mothers who want to learn new ways to cope with stress, enjoy their babies more, and meet other moms. Refreshments and childcare will be provided.

**JOIN US!
EVERY TUESDAY
10:00AM - 11:30AM**

Sponsored by: 

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Children's National
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Mary's Center

For more information, call Lynne McIntyre at 202.545.2061

Hosted by:



THEARC
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