Resources


Malchiodi, Cathy (*in press*). *Trauma-Informed Expressive Arts Therapy*, Guilford Press.


Websites:

*Arttherapy.org*  American Art Therapy Association

*Atwb.org*  Art Therapy Without Borders: Promoting international art therapy initiatives in mental health, health care, and education worldwide

*Trauma-informedpractice.com*  Trauma-Informed Practices and Expressive Arts Therapy Institute – Cathy Malchiodi

*Cathymalchiodi.com* – internationally renown art therapist

*Drawfromwithin.com*  Kate Webb, San Diego-based art therapist / local art studio

*Soulspace.com / jenberlingo.com* – Northern CA-based art therapist; self-care for therapists/distance learning utilizing expressive arts modalities

*Birthingfromwithin.com* – empowering women to create birth art

*Themandalajourney.com* – doula/artist who creates birth mandalas

*Soulcollage.com* – workshop to design self-discovery collage cards for creative self-nurturance