



The Center for Men's Excellence

Psychological Science with Proven Results

Facebook Live Chats for New Dads

Dr. Daniel Singley is the founder of the Center for Men's Excellence and a renowned expert in the psychology of new fatherhood. Dads, moms, and their family members currently making the transition to parenthood are being faced with unprecedented challenges related to the COVID-19 pandemic. Join Dr. Singley for a series of interactive Facebook Live presentations aimed at empowering new and expectant dads — and the professionals who care for them.

Join us Thursdays in April from 2-2:30pm PDT:

4/9 — New Dads “Cheat Sheet”

4/16— Hands-On Newborn Skills

4/23— Keeping the Relationship Strong

4/30— Key Resources During the “Coronapocalypse”

For more information and to register, visit

<https://www.facebook.com/MenExcel/>

Or Facebook @MenExcel

www.menexcel.com