Postpartum Psychosis Resources
Books, Journalism and Creative Media

Websites

- **Postpartum Support International**
  
  Resources include information, a HelpLine (800-944-4773) and access to various support services. **NOTE: PSI is not a crisis hotline. If you are currently experiencing a crisis: Call your physician or your local emergency number (911); Text HOME to 741741 from anywhere in the USA; or Call National Suicide Prevention Lifeline 1-800-273-TALK (8255).**

- PSI Website Page on Postpartum Psychosis*

- PSI Bookstore*

- PSI PPP Online Support Group*

- PSI List of Intensive Perinatal Psychiatry Programs in the U.S.*

- **Massachusetts General Hospital (MGH)** Free consultations to medical providers caring for patients with postpartum psychosis.

- **MGH Center for Women's Health** state-of-the-art evaluation and treatment of psychiatric disorders associated with female reproductive function located at Massachusetts General Hospital.

- **MGH Postpartum Psychosis Project** A new national research project on postpartum psychosis.

- **MGH Case-based Supervision to Providers Treating Postpartum Psychosis**

- **Action on Postpartum Psychosis** A U.K. network composed of women who have experienced psychosis or bipolar disorder in relation to childbirth. This site includes many helpful resources.

- **Cherished Mom** A program offering educational videos about PMADs and delivery of free self-care boxes to new moms.

- **HealthUnlocked** A U.K. online support network that contains a forum for PPP.

- **Melanie's Battle** A website dedicated to postpartum depression and psychosis in honor of Melanie Stokes.

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Facebook
- Postpartum Psychosis Activism and Advocacy* By-admission. FB page for advocates/activists to share information and coordinate activities. Teresa Twomey, lead Admin.
- Postpartum Psychosis Forum* By-admission. FB peer-support page for PPP survivors/friends/families. Teresa Twomey* founder and lead Admin.
- Postpartum Psychosis Survivors*

Twitter
- @Postpartum Help* – Twitter handle of PSI

First-Person Accounts
Books

Magazine and Newspaper Articles
- Nunn, Gary. "I thought the staff were trying to kill me: the illness that can haunt new mothers," The Guardian, August 2019.

Personal Essay

Video and Audio Recordings
- Carol Blocker speaking about Postpartum Psychosis, PSI PSA.*

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Postpartum Support International | 6706 SW 54th Avenue | Portland Oregon 97219
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- **Motherhood and Mental Illness** KQED, Mina Kim interview with Angela Burling,* Diana Barnes,* April Dembosky and Michelle Oberman. February 2020.
- **My Postpartum Psychosis Personal Story** Produced by Action on Postpartum Psychosis.
- **Playing Monopoly with God** A nonfiction storytelling performance by Melissa Bangs, January 2018.
- **Postpartum Depression and African American Community** PSI PSA.*
- **Postpartum Psychosis--Katy's Story** Recorded in the U.K., June 2019.
- **Postpartum Psychosis Made Me Hallucinate My Dead Mother** This Morning (U.K.), November 2016.
- **She Wanted To Be The Perfect Mom, Then Landed In A Psychiatric Unit** NPR, April Dembosky article and broadcast interview of Lisa Abramson, January 2019.
- **Understanding Postpartum Psychosis** TEDx Talk by Rachael Watters, March 2019.
- **What Is Postpartum Psychosis?** TEDx Talk by Teresa Twomey,* August 2013.

**Documentary Films**
- **Not Carol.*** A documentary about Carol Coronado and a tragic outcome of psychosis, 2019.
- **When the Bough Breaks.** A documentary about postpartum depression, narrated and executive produced by Brooke Shields, 2015

**Novels**

**Performance Art**
- **Playing Monopoly with God** A nonfiction storytelling performance by Melissa Bangs, January 2018.

**Short Story**

**TEDx Talk**
- **Understanding Postpartum Psychosis** TEDx Talk by Rachael Watters, March 2019.
- **What Is Postpartum Psychosis?** TEDx Talk by Teresa Twomey,* August 2013.

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On Postpartum Psychosis

Books

Essays
- Twomey, Teresa.* On The Big Bad Wolf of Postpartum Mood Disorders, Postpartum Progress Blog, May 9, 2010.

Journal Articles

On Postpartum Mood & Anxiety Disorders, Including Psychosis

Books
- Quatraro, Rosa Maria and Pietro Grussu. Handbook of Perinatal Clinical Psychology. Routledge, 2020

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On Infanticide and Filicide

Books


Film

- Not Carol.* A documentary about Carol Coronado and a tragic outcome of psychosis, 2019.

Journal Articles


Magazine and Newspaper Articles

- Sweeney, Annie. Prosecutors and judge agree that after 20 years in prison, mother deserves mercy and a new shot at life. The Chicago Tribune, March 2021.

Video and Audio Recordings

- She Killed Her Children. Can We Forgive Her? KQED, April Dembosky article and broadcast on Carol Coronado’s story.

On Legal and Legislative Issues

Books


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On Medication and Breastfeeding

Resources for Medications in Pregnancy and Breastfeeding

• MotherToBaby (866) 626-6847. Confidential, and no-cost information about medications and other exposures during pregnancy and breastfeeding by phone, text, email and chat.
• InfantRisk Center (806) 352-2519. A free call center at the Texas Tech University School of Medicine, Department of Pediatrics serving parents or providers with questions about medications and breastfeeding.
• Center for Women’s Mental Health at Massachusetts General Hospital (MGH)* Website providing resources and information. On-site evaluation and treatment of psychiatric disorders associated with female reproductive function.
• MGH Case-based Supervision to Providers Treating Postpartum Psychosis* Free consultations to medical providers caring for patients with postpartum psychosis.
• Reprotox An information system developed by the Reproductive Toxicology Center. Contains summaries on the effects of medications, chemicals, infections, and physical agents on pregnancy, reproduction, and development.
• Drugs and Lactation Database (LactMed) Drugs and lactation database. Contains information on drugs and other chemicals to which breastfeeding mothers may be exposed.
• E-Lactancia A free online source in Spanish and English for information about the compatibility of medications with breastfeeding.

Books


On Parental Leave

Books


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On Women and Mental Illness

Books


Practitioner and Researcher-Oriented

Books


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